SARVAMANGALA

ONLINE SANSKRIT

WITH ĀCHĀRYA VIDYĀBHĀSKAR

ABOUT THE CLASSES

30 minutes of Sanskrit script, pronunciation and basic grammar with Aditya Ji Gurtu, followed by 30 minutes with Āchārya Vidyābhāskar Ji explaining important Mantras and Ślokas from our scriptures. You can freely submit Ślokas, Mantras and Sanskrit words and names for which you would like to know the meaning. Please do so one day before the class and Āchārya Ji will then take up your suggestions in one of the next sessions. No prior knowledge of Sanskrit is required to benefit from these sessions

ABOUT ĀCHĀRYA JI

Āchārya Vidyābhāskar Ji was born to a Swiss Hindu family practising in the Śrīvidyā lineage. From the age of 12, he enjoyed a traditional Sanskrit education, studying Pāṇinian Sanskrit grammar, the Gītā, the Upaniṣads, logic, etc. at Śrī Kailās Āshram, a traditional monastic institution in Northern India. Today, he teaches meditation in the mainly Kashmir-origin nondual traditions of Śrīvidyā and Atiyoga, Sanskrit grammar as well as the Upaniṣads with their traditional commentaries and sub-commentaries, the works of Nāgārjuna, and so on.

ABOUT ADITYA JI

Aditya is former president of the Bristol Hindu Society and a Cambridge University graduate who spent three years in an Indian Āshram studying Vedānta (Hindu Philosophy), Sanskrit grammar and Vedic chanting.

WHY SANSKRIT?

Sanskrit is a powerful ancient Indian language. Neurologically, studying Sanskrit increases memory capacity, cognitive functions, and networked thinking. Students build up a richer vocabulary in daily life and greater language awareness. This is also closely related to heightened self-observation skills and thus to emotional clarity. Sanskrit refines one's personality through mental hygiene, self-control, compassion, poetry, aesthetics, and positive dispositions.

To Know more about classes please visit www.sarvamangala.org.uk

For questions, please WhatsApp Hima on: +447 448 290730

Classes are always free. Regular donations/dakṣiṇā are welcome from the heart for the not-for-profit Sarvamangala Foundation.